



Travel Itinerary

10 days of Unwind, Explore, and Recharge

Day 01.

Arrival and Acquaintance

- Welcome to Sri Lanka! After touching down, you'll be whisked away to Negombo
- Check into your cozy accommodation
- Relax by the beach or explore the local markets
- Your adventure starts here!

Day 02.

Travel to Galle

- Morning yoga session (60-90 minutes)
- Galle Fort exploration
- Overnight in Bentota or Ahungalla

Day 03.

Travel to Bentota

- Morning yoga session (60-90 minutes)
- Madu River or Bentota River boat excursion
- Turtle conservation center visit
- Overnight in Bentota or Ahungalla

Day 04.

Travel to Habarana

- Morning yoga session (60-90 minutes)
- Ayurvedic full body massage (Panchakarma Therapy)
- Dambulla Golden Temple tour
- Overnight in Habarana

Day 05.

Habarana Local Experience

- Village tour: nature trek, river boat ride, bullock cart ride, traditional lunch
- Minneriya National Park or Eco Park visit
- Overnight in Habarana

Day 06.

Travel to Kandy

- Sigiriya Rock Fortress ascent
- Spice Garden tour
- Temple of the Tooth Relic visit
- Overnight in Kandy

Day 07.

Kandy Exploration

- Sigiriya Rock Fortress ascent
- Spice Garden tour
- Temple of the Tooth Relic visit
- Overnight in Kandy

Day 08.

Travel to Nuwara Eliya

- Tea Factory tour
- Nuwara Eliya sightseeing
- Overnight in Nuwara Eliya

Day 09.

Travel to Kitulgala and Colombo

- White water rafting in Kitulgala
- Transfer to Colombo
- Overnight in Colombo

Day 10.

Departure

- Until next time—happy travels!

Tour Inclusions:

- Full board accommodation (except Day 1) in 4-star hotels
- Air-conditioned private vehicle with English-speaking national guide
- Airport arrival and departure transfers
- Passenger insurance for transportation
- Fuel, parking, and highway fees
- Complimentary SIM card upon arrival
- All current taxes and service charges

Tour Exclusions:

- International airfare
- Airport tax and travel insurance
- Personal expenses: beverages, laundry, telephone calls, gratuities
- Entrance fees for sites not specified in the itinerary
- Visa fees
- Any items not explicitly mentioned in the inclusions list

Note: Itinerary subject to change based on availability and local conditions.

